KIDS PROGRAMS!

MOVERS & GROOVERS

Kids 0-5 with caregivers join Ms. Margaret for this music and movement-based extravaganza!

WEDNESDAYS @ 4:15 PM

SATURDAY, 12/13 3:30-4:15



MY GYM DEMO

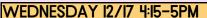
Join My Gym for a gross-motor focused program that highlights movement, beginner gymnastic skills, and more! 6 Months - 5 years old

WEDNESDAY 12/3 4:15-5PM



BOOKS, BALLS, & BLOCKS

Join **Help Me Grow Onondaga** for a fun, handson play-based session about the five key areas of early childhood development. Discover easy, free activities using everyday items to support your child's development at home.





LAPSIT STORYTIME!

For pre-walkers and crawlers, join Miss Margaret for music, rhymes, fingerplays, movement, and a short book, followed by free-play time with toys. Older siblings welcome!

THURSDAYS 12/7, 12/11, 12/18 @ 10:30 AM



BETTS' WRITERS GROUP

Are you working on a novel or dreaming of starting one? Join our weekly writer's group for support, feedback writing sprints and creative motivation! All genres and experiences levels welcome!

T

DEC. 6, I3, 2O, 27 @ 2-4 PM



POP-UP BLOOD DRIVE

Appointments are encouraged, walk-ins are welcome! Please call 1-800-Red-Cross or visit RedCrossBlood.org to schedule your appointment ahead of time!

THURSDAY, 12/10 @ 10 AM - 2:30 PM





YOGA WITH HELEN

Yoga instructor Helen is on a mission to break myths about who yoga is for and to showcase its accessibility to everyone —regardless of age, size, or flexibility.

SATURDAY 12/13 @ IO-II AM





MEMORY GAFÉ

Join us for an entertaining social gathering for people with diagnosed or undiagnosed memory issues and their caregivers. Enjoy engaging activities, warm conversation, and plenty of laughter in a relaxed, supportive setting. Light refreshments served.

THURSDAY 12/18 @ 10:30 AM - 12 PM



DECEMBER @ BETTS



<u>Sunday</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
***		2	4:15-5: My Gym Demo 6 PM: Knitting w/ Maggie	10:30 AM: Lapsit Storytime	5	9-12: 6 Hooks & Needles 2-4 PM: Betts' Writers Group
7	8	9	10:30 AM - 2 PM: Red Cross Blood Drive 4:15 PM: Movers & Groovers 6 PM: Knitting W/ Maggie	10:30 AM: Lapsit Storytime	12	9-12: Hooks 13 & Needles 10 AM: Yoga 2-4 PM: Betts' Writers Group 4:15 PM: Movers & Groovers
HANUKKAH BEGINS AT SUNDOWN	15	* 16	3:30-4:15 PM: Books, Balls, & Blocks 4:15 PM: Movers & Groovers 6 PM: Knitting w/ Maggie	10:30 AM: Lapsit Storytime 10:30 AM: Memory Café	19	20
WINTER.	HANUKKAH ENDS AT SUNDOWN	23	4:15 PM: Movers & Groovers 6 PM: Knitting w/ Maggie	Merry Christmas *CLOSED*	26 HAPPY KWANZAA	9-12: 27 Hooks & Needles
28	29	30	*CLOSE @ 5 PM* NEW, Year's	► Beginnin for tax a	ADY FO ng 1/5/26, rese appointments oin Fever Quilt accepting quilts	ervations start Show!







