MAKING SMALL MOMENTS BIG!

When you talk, read and sing with children, you're helping them build their brains and develop important language, math, reading and social skills. Use these cards every day to help your child learn through their play.

If you have questions about your child’s growth or want to talk with someone about parenting, please call 2-1-1 and ask for Help Me Grow. For more tips and activities, visit onlib.org/makingsmallmomentsbig.
Start the morning with a chat. Take turns with your baby when he makes cooing and gurgling sounds. Have a conversation "back and forth" with simple sounds that he can make.
Gently shake a rattle or another baby toy that makes a noise. Put it in your baby’s hand. See if she takes it, even for a brief moment.
Your baby will like to throw toys to the floor. Take time to play this “go and fetch” game, as it helps your baby learn to release objects. Give your baby an empty box or pan to practice dropping toys into.
INFANTS

SING TO ME!

Sing songs you remember from childhood to your baby. Hold your baby close in your arms or in a baby carrier. Gently dance with your baby.
INFANTS

Sing to your baby (even if you don’t do it well). Repetition of songs and lullabies helps your baby to learn and listen.