

# MAKING SMALL MOMENTS BIG!

FRIDAY

When you talk, read and sing with children, you're helping them build their brains and develop important language, math, reading and social skills. Use these cards every day to help your child learn through their play.

If you have questions about your child's growth or want to talk with someone about parenting, please call **2-1-1** and ask for **Help Me Grow**. For more tips and activities, visit [onlib.org/makingsmallmomentsbig](http://onlib.org/makingsmallmomentsbig).



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# INFANTS

GOOD  
MORNING

TOUCH YOUR  
TUMMY!



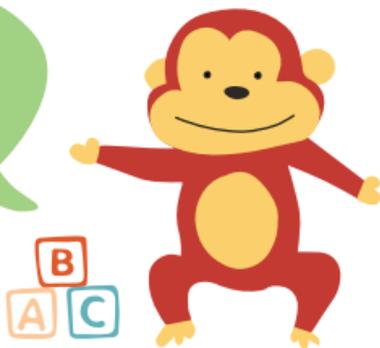
When you're changing your baby or getting him dressed for the day, touch and name the parts of his body. Ask him to point to his tummy or touch his head.



# INFANTS

MORNING  
PLAYTIME

WATCH THE  
TISSUE!



When your baby first plays with blocks, she will love throwing or banging them together. As she gets older, she might begin building simple towers and will especially love knocking them down.



# INFANTS

LUNCH  
TIME



STICK TO A  
ROUTINE!



Doing some things the same way every day can help your infant know what to expect and will make the experience smoother for each of you. "Daddy is going to change your diaper and sing our song, and then we will go eat our lunch!"



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# INFANTS

AFTERNOON  
PLAYTIME

WHERE DID  
MOMMY GO?



Your baby will master the concept of object permanence - or the idea that objects still exist even when you can't see them - as an 8 or 9 month milestone. Consider hiding behind a piece of furniture, leaving a foot or hand out as a clue. She'll love finding you!



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# INFANTS

TIME  
FOR BED

WHERE'S  
THE APPLE?



Play simple memory games with your baby. Lay out three or four pictures of items with different names. Say the name of one of the items and see if your baby looks at or points to the right picture. Try the same game with photos of family members or friends.



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