When you talk, read and sing with children, you're helping them build their brains and develop important language, math, reading and social skills. Use these cards every day to help your child learn through their play.

If you have questions about your child’s growth or want to talk with someone about parenting, please call 2-1-1 and ask for Help Me Grow. For more tips and activities, visit onlib.org/makingsmallmomentsbig.
Sing and talk to your child using different voices. Watch your baby's facial expressions and see how he reacts to different voices.
Hold a toy in front of your baby's face and wiggle it slowly or gently touch her with it to get her attention. Move the toy from side to side and encourage her to follow along with her eyes.
Put on one of your favorite songs and, while holding your baby securely, gently move around together in time to the music and sing along.
Show your baby her reflection in the mirror, then ask, "Who is that?" Repeat with your own reflection or a stuffed animal's.
Next time your little one is resisting a nap, sing him a lullaby in a soothing voice. You can make up your own words or find the lyrics to popular songs online.