When you talk, read and sing with children, you're helping them build their brains and develop important language, math, reading and social skills. Use these cards every day to help your child learn through their play.

If you have questions about your child’s growth or want to talk with someone about parenting, please call 2-1-1 and ask for Help Me Grow. For more tips and activities, visit onlib.org/makingsmallmomentsbig.
Get down on the floor with your baby and play with him on his level. Look at toys, books or objects together. Have fun, laugh and enjoy your time together.
Place your baby in new areas or in new positions when you are at home. The world looks very different from a new spot!
Let your baby have as many choices as possible about clothing, toys and foods. She will enjoy making choices.
Gently rub or tap your baby's hands and fingers while singing "Pat-a-Cake" or another rhyme.
Talk softly to your baby when changing his diaper and getting ready for bed. He may not understand every word, but he will know your voice and be comforted by it.