MAKING SMALL MOMENTS BIG!

When you talk, read and sing with children, you're helping them build their brains and develop important language, math, reading and social skills. Use these cards every day to help your child learn through their play.

If you have questions about your child’s growth or want to talk with someone about parenting, please call 2-1-1 and ask for Help Me Grow. For more tips and activities, visit onlib.org/makingsmallmomentsbig.
INFANTS

LET’S MAKE NOISE!

Get out rattles and squeaky toys. Help the baby choose the toys and play. Join in and describe what the baby is doing ("you have the ball" or "you made it squeak").
Using math words in everyday conversations with little ones can help them do better in math and reading when they reach elementary school!
Put on one of your favorite songs and, while holding your baby securely, gently move around together in time to the music and sing along.
Use a big hat, basket, or small box. Place an object on the floor. Say, "Here is the shiny red truck." Drop the hat, basket or box over the truck. Ask, "Where is the truck?" Repeat with other objects.
Help your baby get into a regular routine with sleeping, feeding, bathing, and dressing. Knowing what to expect helps children feel secure, confident, and in control of their world.