

MAKING SMALL MOMENTS BIG!

THURSDAY

When you talk, read and sing with children, you're helping them build their brains and develop important language, math, reading and social skills. Use these cards every day to help your child learn through their play.

If you have questions about your child's growth or want to talk with someone about parenting, please call **2-1-1** and ask for **Help Me Grow**. For more tips and activities, visit onlib.org/makingsmallmomentsbig.



Onondaga County Public

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INFANTS

GOOD
MORNING

SET A
ROUTINE!



Establish predictable daily routines for bedtime, mealtime and naptime. You might say: "It's time for bed. We'll have milk, a story, and a kiss. Then - bedtime." Loving routines help babies feel safe and secure and build an early understanding of patterns.

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INFANTS

MORNING
PLAYTIME

PEEKABOO!



Play Peekaboo with your baby using your hand or a clean cloth. Put the cloth over your face and remove it, saying "Peekaboo!"



INFANTS

LUNCH
TIME



WHAT DO
YOU SEE?



Children are born curious. From a very young age, they show interest in exploring the world around them. Tune into your child's discoveries and use words to talk with them about the things they see, hear, and feel.



INFANTS

AFTERNOON
PLAYTIME

PLAY
WITH ME!



Infants are wired to learn and connect with people they love. Playing with your baby every day builds your parent-child bond. Look into their eyes, it helps their brain to grow.



INFANTS

TIME
FOR BED

LOOK AT
THAT!



Place interesting things close to your baby's crib for her to look at. Tape simple pictures from magazines out of reach on the wall.

