When you talk, read and sing with children, you're helping them build their brains and develop important language, math, reading and social skills. Use these cards every day to help your child learn through their play.

If you have questions about your child’s growth or want to talk with someone about parenting, please call 2-1-1 and ask for Help Me Grow. For more tips and activities, visit onlib.org/makingsmallmomentsbig.
Repeat the fun sounds your baby makes. When they coo, coo back. Hold their hand gently, and when they smile, smile back. Your loving touch and this back-and-forth “baby language” are the first steps toward talking.
See how many actions your child can imitate in a row by tapping the table, opening and closing your hands, clapping and waving. Start with something your baby is already doing, like banging a fist on the table.
As you feed your baby, use words to describe what each food tastes, feels and looks like. “This yogurt is smooth” or “That yellow banana is sweet!”
When reading to your baby, point to the pictures and talk about what you're seeing. Your baby will choose her favorite books as she gets a bit older.
Looking into your baby’s eyes, holding your baby’s hand and talking to your baby in a high voice are all ways that you can help him or her grow up to be a confident, loving adult.