Making Small Moments Big!

When you talk, read and sing with children, you're helping them build their brains and develop important language, math, reading and social skills. Use these cards every day to help your child learn through their play.

If you have questions about your child’s growth or want to talk with someone about parenting, please call 2-1-1 and ask for Help Me Grow. For more tips and activities, visit onlib.org/makingsmallmomentsbig.
Cuddle with your baby as you share a book. It doesn’t matter how young your child is; even newborn babies are learning when their parents read with them.
You probably naturally talk to your baby about the events of the day. Keep doing it, and do it more! The more words and conversations you share together, the better prepared they will be to learn.
Play with your baby when she’s alert and relaxed. Watch her closely for signs of fussing or sleepiness and take a break from playing when they appear.
With your baby lying on his back, place a toy within sight but out of reach, or move a toy across your baby’s visual range. Encourage him to roll to get the toy.
Talk softly to your baby when changing his diaper and getting ready for bed. He may not understand every word, but he will know your voice and be comforted by it.