Take out the dress up clothes or a clean pile of shirts and pants. Sort by color, type, or size. As you sort, use new and interesting words like "tiny" to describe something very small or "humongous" to describe something really big. Children CAN learn big, new words as long as you show them what they mean and repeat them often.
Play a game of "Animal Simon Says" to help children stretch and wake up their muscles to start the day! For example, "Simon says, reach up high for a banana like a monkey!" Or, "Simon says, flap your wings up and down like a bird!" Keep going with other animals and their movements.
There are so many words you can use to describe food. During meal time, share conversations about the colors, tastes, or textures of the foods you’re eating. Is it soft, crunchy, creamy, sweet, sour, cold, warm, or juicy?
Open a magazine or book. Point to a picture that starts with the "M" sound. Ask the children to find pictures that begin with the same sound. How many can they find? Repeat.
Play "Name that Face" to learn how to name different emotions. Take turns making faces and guessing the feeling. Talk about what happened that day that made you feel happy or sad.