When you talk, read and sing with children, you're helping them build their brains and develop important language, math, reading and social skills. Use these cards every day to help your child learn through their play.

If you have questions about your child’s growth or want to talk with someone about parenting, please call 2-1-1 and ask for Help Me Grow. For more tips and activities, visit onlib.org/makingsmallmomentsbig.
Tell your child a favorite story, such as The Three Little Pigs or Goldilocks and the Three Bears. See if your child can tell you how the characters felt in the story.
Make a bean bag to catch and throw. Fill the toe of an old sock or pantyhose with 3/4 cup dry beans. Sew the remaining side or tie off with a rubber band. Play “hot potato” or simply play catch. Encourage your child to throw the ball overhand and underhand.
Provide opportunities for your child to be creative. Empty containers, glue, newspapers, rubber bands and magazines can be used to make new inventions.
Turn on some music and dance with your child. Stop the music for a moment and play the “freeze” game, where everyone “freezes” and stands perfectly still until you start the music again. Try to “freeze” in unusual positions for extra fun.
Let your child know every day how much you love him and how special he is - when he wakes up in the morning and when he goes to sleep each night.