

# MAKING SMALL MOMENTS BIG!

TUESDAY

When you talk, read and sing with children, you're helping them build their brains and develop important language, math, reading and social skills. Use these cards every day to help your child learn through their play.

If you have questions about your child's growth or want to talk with someone about parenting, please call **2-1-1** and ask for **Help Me Grow**. For more tips and activities, visit [onlib.org/makingsmallmomentsbig](http://onlib.org/makingsmallmomentsbig).



Onondaga County Public

\*Libraries

Learn • Explore • Create



# PRESCHOOLERS

GOOD  
MORNING

WAKE UP  
CLAPPING!



Say a word that contains only one syllable, like cat, clapping once as you say it. Now say a word with two syllables, like kitten, clapping twice. Try a few more, clapping for each syllable.



Onondaga County Public  
**\*Libraries**  
Learn • Explore • Create



# PRESCHOOLERS

MORNING  
PLAYTIME

PLAY WITH  
LETTER SOUNDS!



Encourage your child to point to something she sees around her and name it. Practice saying the word together aloud while stretching and emphasizing each letter sound. Move your hands out like you're stretching a rubber band. Now "snap" the word back together, saying it quickly.



Onondaga County Public

\*Libraries

Learn • Explore • Create



# PRESCHOOLERS

LUNCH  
TIME

LET'S MAKE A  
FOOD RHYME!



Who can rhyme the most food words? What rhymes with cheese, pea or banana? Take turns until you run out of words, or see how many you can rhyme at one time. Silly words work, too!



# PRESCHOOLERS

AFTERNOON  
PLAYTIME

LET'S MAKE  
A BOOK!



Help your child make a book about different topics like food or buildings! Fold and staple paper. Cut photos from a magazine or junk mail, then glue them in the book and name each picture. Help your child write the word under the picture.



# PRESCHOOLERS

TIME  
FOR BED

LET'S DRAW  
BEFORE WE  
SLEEP!



Play soft and soothing music and ask your child to close his eyes, take deep breaths, and imagine one of his favorite things. Then, encourage him to open his eyes and draw a picture of it. Ask him to "write" the name of the object under the picture. Scribbles are okay, too!



Onondaga County Public

\*Libraries

Learn • Explore • Create

