When you talk, read and sing with children, you're helping them build their brains and develop important language, math, reading and social skills. Use these cards every day to help your child learn through their play.

If you have questions about your child’s growth or want to talk with someone about parenting, please call 2-1-1 and ask for Help Me Grow. For more tips and activities, visit onlib.org/makingsmallmomentsbig.
Dancing together is a great way to start the day and get some exercise.
Ask your child to help you sort the laundry and talk about different colors and sizes.
Talk to your child about what makes a healthy lunch and where the different foods you eat come from.
Cut out alphabet letters and use them with your child to practice the letters in his name and create silly words.
Have your child make up an "end of day song" and teach you the words. Join in and sing the song together.