When you talk, read and sing with children, you're helping them build their brains and develop important language, math, reading and social skills. Use these cards every day to help your child learn through their play.

If you have questions about your child’s growth or want to talk with someone about parenting, please call 2-1-1 and ask for Help Me Grow. For more tips and activities, visit onlib.org/makingsmallmomentsbig.
Let's write a letter!

Write a letter together to grandparents, a pen pal, or a friend. See if your child can tell you what to write about herself.

Dear Grandma & Grandpa,
Preschoolers

Let's find letters!

Encourage your child to point out letters on things around the house. See if you both can find all the letters of the alphabet and describe their shapes.
Tell silly jokes with your child. Simple "What am I?" riddles are also fun. Have a good time and laugh with your child.
Ask your child to imitate you as you walk, jump, clap, or bend down to touch your toes. Next, see if he can do the actions when you just say the words. Challenge him by going fast and slow or adding multiple steps like, “Reach up, turn around, and then jump!”
Ask your child her birthday, first and last name, and street address. Practice these important pieces of information in case you're ever separated from each other.