When you talk, read and sing with children, you're helping them build their brains and develop important language, math, reading and social skills. Use these cards every day to help your child learn through their play.

If you have questions about your child’s growth or want to talk with someone about parenting, please call 2-1-1 and ask for Help Me Grow. For more tips and activities, visit onlib.org/makingsmallmomentsbig.
You can inspire a love of books and words in your young child by reading or telling a story together every day.
Play a game of "Animal Simon Says" to help children stretch and wake up their muscles! For example, "Simon says, reach up high for a banana like a monkey!" Or, "Simon says, flap your wings up and down like a bird!" Keep going with other animals and their movements.
Create a poster that spells out your child’s first name. Soon, he’ll notice these letters on signs, posters and billboards.
Young children learn best during playful, everyday activities. Play “I-Spy” in the house together. Choose a color and encourage your child to point out objects that match the color.
Play "Name that Face" to learn how to name different emotions. Take turns making faces and guessing the feeling. Talk about what happened that day that made you feel happy or sad.