When you talk, read and sing with children, you're helping them build their brains and develop important language, math, reading and social skills. Use these cards every day to help your child learn through their play.

If you have questions about your child’s growth or want to talk with someone about parenting, please call **2-1-1** and ask for **Help Me Grow**. For more tips and activities, visit [onlib.org/makingsmallmomentsbig](http://onlib.org/makingsmallmomentsbig).
Creating fun hand and body movements to go along with the lyrics of a song can help children get excited about a song while learning new words and concepts. You can even encourage your preschooler to make up some silly moves!
Make reading fun and exciting. Try to ask “Who? What? When? Where? Why?” questions along the way to encourage your child to talk about what’s happening in the story. You can also use different voices and gestures to act out the characters or story.
Draw simple pictures of faces that show happy, sad, excited, or silly expressions. Cut them out and glue them on a Popsicle stick or pencil. Let your child act out the different feelings with the "puppets."
Tell your child that you're going to create a story about anything he wants. Choose who will start the story and then take turns adding a new sentence. Write the sentences on paper so you can read the story out loud afterward.
Before bedtime, look at a magazine or book together. Ask your child to point to pictures as you name them, such as “Where is the truck?” Be silly and ask him to point with an elbow or foot. Ask him to show you something that is round or something that goes fast.