MAKING SMALL MOMENTS BIG!

TUESDAY

When you talk, read and sing with children, you're helping them build their brains and develop important language, math, reading and social skills. Use these cards every day to help your child learn through their play.

If you have questions about your child's growth or want to talk with someone about parenting, please call **2-1-1** and ask for **Help Me Grow**. For more tips and activities, visit **onlib.org/makingsmallmomentsbig**.

TALK READ SING
TALKING IS TEACHING.ORG

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THE EARLY YEARS MATTER MOST

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PRESCHOOLERS

GOOD MORNING

WAKE UP CLAPPING!

Say a word that contains only one syllable, like cat, clapping once as you say it. Now say a word with two syllables, like kitten, clapping twice. Try a few more, clapping for each syllable.

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MORNING PLAYTIME

Turn on some children's music. Your child will start learning through song as she recites letters, numbers, days of the week and body parts to melodic tunes.

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LUNCH TIME

LET'S MAKE A FOOD RHYME!

Who can rhyme the most food words? What rhymes with cheese, pea or banana? Take turns until you run out of words, or see how many you can rhyme at one time. Silly words work, too!

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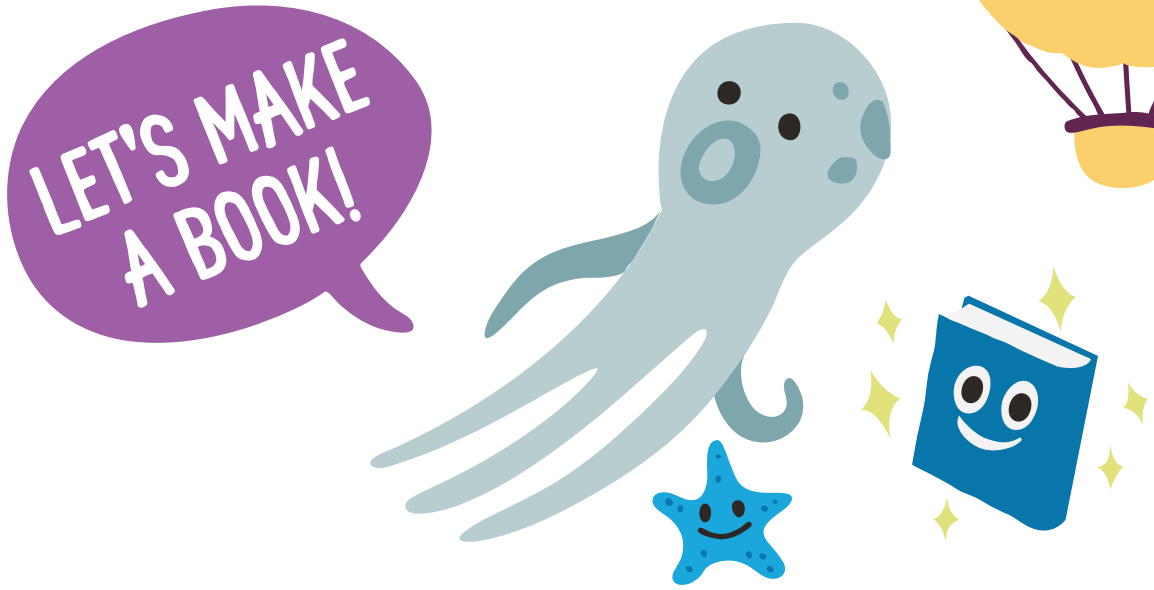
AFTERNOON PLAYTIME



Help your child make a book about different topics like food or buildings! Fold and staple paper. Cut photos from a magazine or junk mail, then glue them in the book and name each picture. Help your child write the word under the picture.

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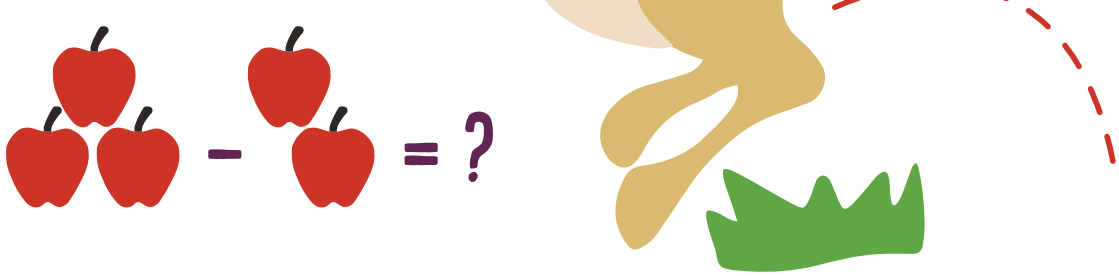
PRESCHOOLERS

TIME FOR BED

MATH IS EVERYWHERE!



Many simple number problems come up during your child's day. Review with your child the math that they have experienced throughout the day.

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