

MAKING SMALL MOMENTS BIG!

THURSDAY

When you talk, read and sing with children, you're helping them build their brains and develop important language, math, reading and social skills. Use these cards every day to help your child learn through their play.

If you have questions about your child's growth or want to talk with someone about parenting, please call **2-1-1** and ask for **Help Me Grow**.



TODDLERS

GOOD
MORNING

LET'S TALK
ABOUT THE
STORY!



It's natural for children to want to read the same books over and over. Sometimes they have a favorite book, sometimes it is comforting and familiar, and sometimes the story relates to an experience they're having. Each time, try to point out new words, ideas, or pictures and talk about them together.



TODDLERS

MORNING
PLAYTIME

LET'S LEARN
NEW WORDS!

GIGANTIC!



ENORMOUS!

Young children can learn new and big words if you clearly show and explain what they mean. For example, when you see something very big, you might say, "That is an enormous building!" or "I spy a gigantic truck!"



TODDLERS

LUNCH
TIME



WHAT DO
YOU SEE?



Tune in and listen to your child. What are they noticing, pointing to, or asking questions about? Use these moments to spark fun conversations with your child. For example, "I see the shiny yellow bus, too. Who do you think is on the bus?"



TODDLERS

AFTERNOON
PLAYTIME

LET'S TALK
ABOUT SENSES!



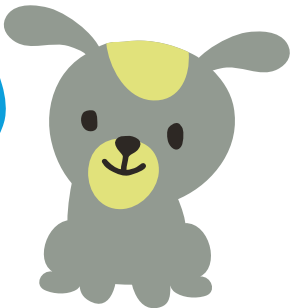
Give your young toddler opportunities to explore the natural world through her senses - like looking at, touching and tasting different fruits at snack-time. Ask questions like, What do you see? What does it feel like? How does it taste?



TODDLERS

TIME
FOR BED

WHAT DID
YOU DO
TODAY?



Have your toddler tell you about the things that he did during the day.

