

MAKING SMALL MOMENTS BIG!

TUESDAY

When you talk, read and sing with children, you're helping them build their brains and develop important language, math, reading and social skills. Use these cards every day to help your child learn through their play.

If you have questions about your child's growth or want to talk with someone about parenting, please call **2-1-1** and ask for **Help Me Grow**.



TODDLERS

GOOD
MORNING

WHAT'S THAT
BOOK ABOUT?



Point to the pictures, letters and numbers in books. Ask open-ended questions as you share the book together. “What do you see? How does he feel? What would you do if you were her? What’s your favorite page?”



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TODDLERS

MORNING
PLAYTIME

WHAT'S
OUTSIDE?



Look out your window. Help your child look for birds, benches, trees, bushes and other common outdoor features. Describe the shapes and colors of the things you see.

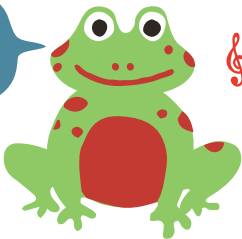


TODDLERS

LUNCH
TIME



MATH CAN
BE FUN!



Singing songs that have basic counting or rhyming patterns helps children learn basic math skills. "One, two, buckle my shoe. Three, four, open the door."



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TODDLERS

AFTERNOON
PLAYTIME



Your toddler loves to get positive attention from you. Singing is a great way for you and your toddler to share an activity together.



TODDLERS

TIME
FOR BED

LET'S READ
TOGETHER!



Let your child turn the book's pages. It's OK if they skip pages, or like a few pages better than others. You just want your child to get used to touching books.

