

MAKING SMALL MOMENTS BIG!

THURSDAY

When you talk, read and sing with children, you're helping them build their brains and develop important language, math, reading and social skills. Use these cards every day to help your child learn through their play.

If you have questions about your child's growth or want to talk with someone about parenting, please call **2-1-1** and ask for **Help Me Grow**. For more tips and activities, visit onlib.org/makingsmallmomentsbig.



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TODDLERS

GOOD
MORNING

TICKLE ME!



Play gentle tickle games with your toddler, but make sure to stop when she lets you know she has had enough. Watch her carefully and you will know.



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TODDLERS

MORNING
PLAYTIME

LET'S SING!

The
ITSY
BITSY
SPIDER...



Teach your child simple songs and finger plays, such as “The Itsy-Bitsy Spider.”



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TODDLERS

LUNCH
TIME



I CAN
FEED MYSELF!



Cut up safe finger foods (do not use foods that pose a choking hazard) in small pieces and allow your baby to feed himself. It's good practice to pick up small things and feel different textures (bananas, crackers, berries).



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TODDLERS

AFTERNOON
PLAYTIME



Get down on the floor and play with your child. Try to follow your child's lead by playing with toys he chooses and trying his ideas.



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TODDLERS

TIME
FOR BED

SING ME
TO SLEEP!



Sing to your toddler (even if you don't do it well).
Repetition of songs and lullabies helps your
child to learn and listen.



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