When you talk, read and sing with children, you're helping them build their brains and develop important language, math, reading and social skills. Use these cards every day to help your child learn through their play.

If you have questions about your child’s growth or want to talk with someone about parenting, please call 2-1-1 and ask for Help Me Grow. For more tips and activities, visit onlib.org/makingsmallmomentsbig.
Play gentle tickle games with your toddler, but make sure to stop when she lets you know she has had enough. Watch her carefully and you will know.
Teach your child simple songs and finger plays, such as “The Itsy-Bitsy Spider.”
Cut up safe finger foods (do not use foods that pose a choking hazard) in small pieces and allow your baby to feed himself. It's good practice to pick up small things and feel different textures (bananas, crackers, berries).
Get down on the floor and play with your child. Try to follow your child’s lead by playing with toys he chooses and trying his ideas.
Sing to your toddler (even if you don’t do it well). Repetition of songs and lullabies helps your child to learn and listen.