When you talk, read and sing with children, you're helping them build their brains and develop important language, math, reading and social skills. Use these cards every day to help your child learn through their play.

If you have questions about your child’s growth or want to talk with someone about parenting, please call 2-1-1 and ask for Help Me Grow. For more tips and activities, visit onlib.org/makingsmallmomentsbig.
Try to have set routines during the day, and let your child know what will be happening next. Say, “Remember, after we brush your hair, we get dressed.”
Make puppets out of a sock or paper bag - one for you and one for your baby. Have your puppet talk to your baby or your baby’s puppet. Encourage your baby to “talk” back.
Let your toddler “help” during daily routines. Encourage your child to “get” the cup and spoon for mealtime, to “find” shoes and coat for dressing, and to “bring” the pants or diaper for changing. Following directions is an important skill for your toddler to learn.
Toddlers enjoy push and pull toys. Make your own pull toy by threading yogurt cartons, spools, or small boxes on a piece of yarn or soft string (about 2 feet long). Tie a bead or plastic stacking ring on one end for a handle.
Your toddler is learning all about emotions. Help him label his feelings when he is mad, sad, happy, or silly. Say, "You are really happy!" or, "You seem really mad."