When you talk, read and sing with children, you're helping them build their brains and develop important language, math, reading and social skills. Use these cards every day to help your child learn through their play.

If you have questions about your child’s growth or want to talk with someone about parenting, please call 2-1-1 and ask for Help Me Grow. For more tips and activities, visit onlib.org/makingsmallmomentsbig.
Hand your child a doll or toy and encourage him to describe the item to you - what color, shape and size is the toy?
Keep pictures of friends and family on a bulletin board in your child's room to help develop word association and improve memory. Tell your child stories about the people in the photos.
Trace your child's hand or foot and let her color or decorate the tracing.
Take out some of your clothes and let your child play dress up. Pretend your child is headed to work for the day!
Play games that involve starting and stopping, such as "Red light, green light." This is a great way for your child to learn about controlling his body and actions.