When you talk, read and sing with children, you're helping them build their brains and develop important language, math, reading and social skills. Use these cards every day to help your child learn through their play.

If you have questions about your child’s growth or want to talk with someone about parenting, please call 2-1-1 and ask for Help Me Grow. For more tips and activities, visit onlib.org/makingsmallmomentsbig.
Start the day on a positive note by asking your child what she is grateful for and telling her what you are grateful for.
Hide a toy somewhere in the house and ask your child to find it. Explore with him as he looks, using cues like "warmer" and "colder" to guide him.
As you sing one of your child's favorite songs, draw a simple picture of what is happening in the lyrics, then hand your child the paper to draw something else mentioned in the song.
Have your toddler sit on a towel or blanket and gently pull her around the room. Pretend the blanket is a train or a boat and that you're stopping at different places, like the zoo or grocery store.
Place your toddler on her back and shine a flashlight back and forth across a dark wall. Pause on objects as they're lit and talk to your toddler about what she's seeing.