When you talk, read and sing with children, you're helping them build their brains and develop important language, math, reading and social skills. Use these cards every day to help your child learn through their play.

If you have questions about your child’s growth or want to talk with someone about parenting, please call 2-1-1 and ask for Help Me Grow. For more tips and activities, visit onlib.org/makingsmallmomentsbig.
As you dress your child, describe each step of the process. “First we put your leg in the pants. Then we put in the other leg. Now we pull the pants up.” Pause after each step so your child can learn the process.
As you sort laundry, ask your child to guess who each item belongs to. Hold up a shirt and ask, “Who wears this?” Let your child respond. If she doesn't know, you can tell her and share how you know.
At lunch, put a picture next to your child and have her describe what she sees. Help her use descriptive words like colors and shapes to describe what's in the picture.
While sorting the laundry, ask your child to help you find all the socks and make a pile of them. Pick a sock and pretend it's a puppet looking for its matching friend. Celebrate when you and your child find a match.
Don’t forget to tell your child how much you love her! Give her hugs and kisses each and every day to let her know.