When you talk, read and sing with children, you're helping them build their brains and develop important language, math, reading and social skills. Use these cards every day to help your child learn through their play.

If you have questions about your child’s growth or want to talk with someone about parenting, please call 2-1-1 and ask for Help Me Grow. For more tips and activities, visit onlib.org/makingsmallmomentsbig.
Let your child do more things for herself. Let her pick out clothes and help dress herself. Tell her how proud of her you are when she takes on new responsibilities.
Open your cupboard and have your child take things out, sort by size or color and describe the different items. When she's done, help her put the items back in the cupboard.
Play with your child and help her learn how to share. Show her how to share and praise her when she shares with you. This is a new concept for her, so don't expect too much at this age.
Encourage your child to pretend play. Put a few small chairs in a row to make a "bus." Cut up some paper "money" to pay the driver. Ask, "Where will we go today?"
While helping your child brush his teeth and get ready for bed, look in the mirror and describe what you see on your face and his face. Smile and tell him you love him.