

MAKING SMALL MOMENTS BIG!

FRIDAY

When you talk, read and sing with children, you're helping them build their brains and develop important language, math, reading and social skills. Use these cards every day to help your child learn through their play.

If you have questions about your child's growth or want to talk with someone about parenting, please call **2-1-1** and ask for **Help Me Grow**. For more tips and activities, visit onlib.org/makingsmallmomentsbig.



Onondaga County Public

*Libraries
Learn • Explore • Create



TODDLERS

GOOD
MORNING

CRAWL THROUGH
THE OBSTACLE
COURSE!



Make an obstacle course for your toddler with pillows to climb over and to sit on. As your toddler explores the course, describe her position in words: “Now you’re sitting on top of the cushion!” “Now you’re crawling over it.” “You went around it!”



TODDLERS

MORNING
PLAYTIME

FOLLOW THE
LEADER!



Play Parade or Follow the Leader with your toddler. Your child will love to copy you - and be the leader!



Onondaga County Public

*Libraries

Learn • Explore • Create



TODDLERS

LUNCH
TIME



LET'S DANCE!



Dance to music with your toddler. Hold his hands while he bends up and down. Clap and praise him when he “dances” by himself.



Onondaga County Public

*Libraries

Learn • Explore • Create



TODDLERS

AFTERNOON
PLAYTIME

DO YOU WANT
ONE MORE?



Count as you or your toddler stacks blocks. Stack two blocks or objects and then ask, “Do you want one more?” Keep offering “one more” for your child to add to the stack. This teaches your child the meaning of “one” and “more” - both important math concepts.



TODDLERS

TIME
FOR BED

LET'S TALK
ABOUT
FEELINGS!



You can help your child learn to understand others' feelings by describing feelings and asking about them. For example, when reading a book, describe the expressions of the characters and talk together about what feelings their actions could be expressing.

