When you talk, read and sing with children, you're helping them build their brains and develop important language, math, reading and social skills. Use these cards every day to help your child learn through their play.

If you have questions about your child’s growth or want to talk with someone about parenting, please call 2-1-1 and ask for Help Me Grow. For more tips and activities, visit onlib.org/makingsmallmomentsbig.
Let your child do more things for herself. Let her pick out clothes and help dress herself. Tell her how proud of her you are when she takes on new responsibilities.

I CAN DO IT!
Play matching and sorting games during your everyday routines. Your toddler can help sort socks into two piles - little socks for him and big socks for Mommy and Daddy. Next, find the matching pairs: “Do you see another sock with red stripes?”
Play with your child and help her learn how to share. Show her how to share and praise her when she shares with you. This is a new concept for her, so don't expect too much at this age.
Sing and clap along together. One clap for each syllable builds understanding of “one-to-one correspondence,” or the ability to count in sequence. Practicing rhythm and melody also helps children understand patterns.
While helping your child brush his teeth and get ready for bed, look in the mirror and describe what you see on your face and his face. Smile and tell him you love him.